



Sheraton®

LAGUARDIA EAST HOTEL

Gourmet Boxed Lunches

ALL LUNCHES INCLUDE POTATO CHIPS, COOKIE, WHOLE FRUIT & APPROPRIATE CONDIMENTS.
ASSORTED SOFT DRINKS OR BOTTLED WATER.
(PLEASE SELECT THREE PER DINING EXPERIENCE)

GRILLED CHICKEN CAESAR WRAP

Grilled Breast of Chicken, Diced & tossed with Crisp Romaine & Caesar Dressing, Parmesan Cheese wrapped in a Flour Tortilla

VEGETARIAN WRAP

Flour Tortilla filled with Grilled Marinated Seasonal Vegetables

TUNA SALAD SANDWICH

Homemade Tuna Salad with Crisp Romaine served on Ciabatta Roll

DELI SANDWICH

Roasted Turkey Breast & Swiss Cheese

Deli Style Ham & American Cheese

Thinly Sliced Roast Beef & Munster Cheese

With Lettuce & Tomato

\$24.00 per person

Please Add 21% Service Charge & 8.875% NYS Tax

We Will Happily Customize Any Menu to Suit Your Personal Needs

BREAD CHOICES FOR SANDWICHES

Rosemary Ciabatta

Pretzel Hero


Wheat Ciabatta

Onion Brio Burger Bun

Croissant

Kaiser Roll

Wrap - Flour, Whole Wheat or Spinach

 We are committed to preparing our menus with the focus on environmental and socially-responsible grown products. To maintain this focus please note that some products on our sustainable menu offerings may change on short notice based on seasonal and regional availability. To stay true to our collaborative efforts to be environmentally sustainable, we will substitute appropriate alternatives as necessary.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs or unpasteurized milk may increase your risk of food-borne illness. Any guest consuming alcohol must be of legal drinking age.

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LAGUARDIA EAST HOTEL

Deli Lunch

BUFFET

(25 PERSON MINIMUM)

FROM THE MARKET

Potato Salad
Red Bliss Potato, Celery, Red Onion
and Mayonnaise

Macaroni Salad
Elbow Pasta, Creamy Dressing and Parsley

Cole Slaw
Green Cabbage, Cole Slaw Dressing
and Shredded Carrots

FROM THE CARVING BOARD

(Please select three)

Thinly Sliced Roast Beef
Oven Roast Turkey
Applewood Smoked Ham
Cured Salami
Prosciutto
Mortadella

(Please select three)

Cheddar

Swiss
Provolone
Munster
Smoked Gouda
American

Crisp Romaine Lettuce, Sliced
Tomatoes, Red Onion & Pickles
Appropriate Condiments

BREAD CHOICES FOR SANDWICHES

Rosemary Ciabatta
Pretzel Hero
Wheat Ciabatta
Onion Brio Burger Bun
Croissant
Kaiser Roll
Wrap - *Flour, Whole Wheat or Spinach*

ASSORTED COOKIES & BROWNIES

Freshly Brewed Coffee, Assorted
Teas and Decaffeinated Coffee

Assorted Diet and Regular Soda
and Bottled Water

\$28.00 per person

HEALTHY DELI

Sliced Grilled Chicken Breasts

Oven Roasted Turkey

Jersey Fresh Farms Grilled
Vegetables Platter

Tomato Mozzarella Platter


Couscous Salad

Multi Grain Sliced Breads and Rolls

Freshly Brewed Coffee and
Assorted Teas

\$28.00 per person

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LAGUARDIA EAST HOTEL

Grand Buffet

(35 PERSON MINIMUM)

MARKET SELECTIONS

(Please select three)

Traditional Caesar Salad
Fresh Field Greens Salad
Tomato & Mozzarella Salad
Homemade Potato Salad
Market Macaroni Salad
Marinated Mushrooms Salad
Tomato, Feta Cheese, Olive and Cucumber Salad
Israeli Couscous Salad
Deli Style Cole Slaw

ENTRÉE SELECTIONS

Herb Rubbed Pork Loin
with Port Wine Reduction

Sliced Roast Sirloin
with Green Peppercorn Sauce

Grilled Skirt Steak
with Tomato Cilantro Salsa

Striped Pangasius White Fish
with Lemon Beurre Blanc Sauce

Seared Filet of Salmon
with Lobster Sauce

Herb Crusted Mahi-Mahi
with Mango - Pineapple Salsa

Chicken Puttanesca
Chicken Breast with Diced Stewed Tomatoes,
Capers, Onions, Olives

Chicken Marsala
with Sliced Sautéed Mushrooms,
Parsley & Marsala Wine

Chicken Francese
Egg Battered Boneless Breasts with
Lemon, Parsley White Wine Sauce

ACCOMPANIMENTS

(Please select one starch & one vegetable)
Herb Roasted Potatoes

Sheraton Fried Rice
Shrimp, Ham, Egg, Peas

Vegetarian Fried Rice
Egg, Peas, Corn

Whipped Potatoes

Herb Rice Pilaf

Haricot Verts Green Beans & Carrots
Broccoli & Cauliflower
Medley of Seasonal Vegetables


Chef's Selection of Complementary
Desserts

Freshly Brewed Coffee, Decaffeinated
Coffee, Assorted Teas & Iced Tea

Buffet with Two Entrées: \$41.00
Buffet with Three Entrees: \$45.00

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8.875% NYS Tax

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LAGUARDIA EAST HOTEL

Chilled Plated Luncheon

ALL ENTREES ARE SERVED WITH A SELECTION OF ROLLS & BUTTER

ENTRÉE

(Please select one)

Chicken Caesar Salad

Grilled Chicken Breasts on top of Classic Caesar Salad with Garlic Croutons and Shredded Parmesan Cheese

Sheraton Cobb Salad

Iceberg Lettuce, Romaine, Blue cheese, Bacon Crisp, Avocado, Cherry Tomato, Boiled Egg, Housemade Buttermilk Bluecheese Dressing

CHOICE OF: SHRIMP, CHICKEN OR SKIRT STEAK

Seared Salmon Salad

Salmon Filet over Baby Mesclun Salad with Cherry Tomato, Alfalfa Sprouts, Cucumber, Olives

Fresh Baby Spinach and Grilled Shrimp Salad

Baby Spinach Greens tossed Cherry Tomato, Cranberry, red onion and Balsamic Dressing Topped with Candied Walnuts

DESSERT

(Please select one)

Carrot Cake

New York Style Cheesecake

Assorted Cupcakes


Tiramisu

Freshly Brewed Coffee, Decaffeinated Coffee, Assorted Teas & Iced Tea

\$24.00 per person

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LAGUARDIA EAST HOTEL

Plated Luncheon

ALL ENTRÉES ARE SERVED WITH A SELECTION OF GOURMET BREADS & ROLLS WITH BUTTER

SALADS

(Please select one)

Fresh from Our Garden Salad
Cherry Tomatoes, Shredded Carrots &
Cucumbers with Balsamic Vinaigrette

Arugula Radicchio Salad
Cranberry, Walnut, Blue Cheese, Red Onion,
Tomato, White Balsamic Vinaigrette

Classic Caesar Salad
Crisp Romaine, Creamy Caesar Dressing
& Croutons with a Parmesan Crisp

Field Greens
Mesclun Greens, Cherry Tomatoes, Red
Onions, Champagne Dressing

ENTRÉES

(Please select One)

(Additional Choice Selection add \$6)

Chicken Piccata
Potato Purée, Sautéed Greens and Lemon
Parsley Sauce

Roasted Chicken Breast

Sautéed Mushrooms and Roast Potatoes, Herb
Chicken Jus

Chicken Breast Teriyaki
with White Rice & Bok-Choy

Grilled NY Strip Steak
Whipped Potatoes, Seasonal Vegetables,
Bordelaise Sauce

Grilled Skirt Steak
Homemade Chimichurri, Oven Roasted Potatoes
and Sautéed Mushroom

Petite Filet Mignon (6 oz)
Lyonnais Potatoe, Baby Carrot, Au Poivre

Salmon
Pan Seared with Risotto, Sautéed Spinach
and Whole Grain Mustard Cream

Shrimp Scampi
Sautéed Shrimp with Asparagus Tips,
Served over Herb Risotto, Lemon Garlic Sauce

DESSERT

(Please select one)


Carrot Cake
New York Style Cheesecake
Chocolate Mousse Cake
Tiramisu

Freshly Brewed Coffee, Decaffeinated Coffee,
Assorted Teas & Iced Tea

\$34.95 per person

Please Add 21% Service Charge & 8.875% NYS Tax

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